

Young Women On The Move Summer 2007 Application



Mission Statement	
<p>This Summer, Healthworks Foundation Fitness Center is proud to announce our 5th Summer youth session will take place July 16th-August 10th. Young women aged 13-18 will explore what it means to be a young woman on the move through fitness, self awareness, cultural awareness, hiking, dancing, and community service, as well as team building, team sports, and various other activities.</p>	
Personal Information	
Name	
Street Address	
City / Zip Code	
Home Phone	
Age and Birth Date	/ /
Medication/Dietary Supplements Currently Taken:	
Food/Medication Allergies	
Last Grade Completed	
What did you do last Summer?	
Person to Notify in Case of Emergency	
Name/ Relationship	
Home/ Cell/Work Phone	
Name/ Relationship	
Home Phone/ Cell Phone	
Work Phone	
<p>Parent(s) or Guardian(s), Please read, sign and date the following statement. My signature indicates that I agree to allow _____ to fully participate in the Young Women On The Move Program.</p>	
_____	_____
signature	date

Young Women On The Move

Summer 2007 Application

If accepted I plan to participate in the following **circled** weeks: (*see flier for more details*)

Week One: Cultural Awareness and Dance
July 16-20, 10:00am –2:00pm

Week Two: Nature and Nutrition
July 23-27, 10:00am –2:00pm

Week Three: Creating Community
July 30– Aug 3, 10:00am -1:00pm

Week Four: Self Awareness and Defense
Aug 6-10, 10:00 –2:00pm

How did you hear about Healthworks' Young Women on the Move Summer Program?

Please describe the fitness (example: running, dancing, team sports, etc) or wellness (example: meditation, therapy, healthy cooking) activities in which you currently participate

Why are you interested in attending Healthworks' Young Women on the Move Summer program? What would you like to achieve by attending this program?

Agreement and Signature

My signature indicates that I, _____, have answered all above questions as honestly and to the best of my ability as possible. It also indicates that I will come to the program on time, ready and open to ENJOY, EMPOWER, and EDUCATE myself, as well as others involved in the program.

signature

date

Application Deadline: __rolling admissions__

Send all applications to:

Young Women On The Move
c/o Healthworks Foundation Fitness Center
90 Cushing Avenue